



**INREACH**  
...a newsletter of the Cincinnati Waldorf School  
May 18, 2011

**UPCOMING EVENTS**

- May 19** – Craft Guild, **8:30**
- May 19** – 8<sup>th</sup> Grade Play, **7:00** (Madisonville Arts Ctr.)
- May 19-20** – 5<sup>th</sup> Grade to Pentathlon in Ann Arbor
- May 20** – Premiere Night of *Queen of the Sun*, **7:00** (Kenwood Theater)
- May 23** – Book Discussion Group, **8:45**
- May 24** – Gala Follow-Up Meeting, **8:30**
- May 25** – Parent Association Meeting, **8:45** (College Hill Coffee Co.)
- May 26** – Craft Guild, **8:30**
- May 27** – 8<sup>th</sup> Grade Project Presentations, **7:00**
- May 30** – **NO SCHOOL**
- Jun 6** – Board Meeting, **6:30**
- Jun 7** – Field Day/Last Day of School – **1:00 Dismissal/No PM Bus Service**
- Jun 7** – **Graduation, 7:00**
- Jun 8-10** – Faculty Inservice

**ANNOUNCEMENTS**

**Have you heard the BUZZ?!?!?**

The Cincinnati Waldorf School is a sweet sponsor of premiere night of *Queen of the Sun: What are the Bees Telling Us?* Swarm the Kenwood Theater this Friday, May 20th, at 7:00 p.m. to experience this spectacular new movie.

*Queen of the Sun* brings Rudolf Steiner's vision to the world through many of the Anthroposophical and Biodynamic beekeepers who are highlighted in the film. These beekeepers include Johannes Wirz, Gunther Hauk, Host and Jennifer Kornberger, Gunther Friedmann, Michael Thiele, Jacqueline Freeman and David Heath. *Queen of the Sun* is a profound alternative look into the problems and solutions of the global honeybee crisis from Taggart Siegel, the acclaimed director of the award-winning, grass-roots hit *The Real Dirt on Farmer John*. *Box Office Magazine* calls it "The Feel-Good Advocacy Movie of the Year." To view the film's Official Trailer, click [HERE](#).

BUZZ on in with your honey or your entire colony! See you Friday evening!

## **Celebrating our Graduating 8<sup>th</sup> Grade!**

The CWS graduating Class of 2011 presents its final class play, *Twelfth Night* – William Shakespeare's classic tale of love, mistaken identity and foolishness. Their performance will be at the Madisonville Arts Center (5021 Whetsel Avenue) on **Thursday, May 19<sup>th</sup>, at 7:00 p.m.** All are invited to enjoy the 8<sup>th</sup> grade's final theatrical performance at CWS!

The following week, the Class of 2011 will present their 8<sup>th</sup> grade research projects to the community. Their many projects will be showcased in the gymnasium at **7:00 p.m. on Friday, May 27<sup>th</sup>**. All are welcome – even our youngest children love witnessing this important piece of Waldorf education. To learn more about 8<sup>th</sup> grade research projects in Waldorf schools, please read [THIS ARTICLE](#) by Lori Kran.

Finally, we say farewell to the Class of 2011 at graduation **on Tuesday, June 7<sup>th</sup>, at 7:00 p.m.** If you've never been to a CWS graduation ceremony, you're really missing out. Both celebratory and reverent, this ceremony is a wonderful way to wish our graduates well on their journeys. See you there!

## **News from the Upper Grades**

More exciting changes are coming to the 6th, 7th and 8th grade classes next year! In addition to this year's new programs like Student Council and Friday Fun, we are establishing **Team Teaching** for the 6th, 7th and 8th grades next year. Upper Grades teachers will exchange certain main lesson blocks so each class will have the benefit of learning from all of the upper grades teachers at various times during the school year!

We are also setting aside one period a week for an **Electives** class, in addition to all the regular special subjects for mixed groupings of 6th, 7th and 8th graders. Electives will be challenging courses for students to choose to learn new skills and apply them in significant ways. Offerings may include a Strings Ensemble, Conversational Spanish, Creative Writing, Science Fair and Eurythmy Ensemble. Parents of rising 6th, 7th and 8th graders should look for a sign-up sheet to come home next week.

## **Pizza Customer Appreciation Day**

The Class of 2012 would like to thank all of our pizza lunch customers with a **free pizza lunch on Wednesday, June 1**. If your child ordered a pizza lunch in January, February, March, April or May, even just once, we will give him or her the same lunch as the last week ordered. Questions? Please contact Jodi Harris at [jodisharris@hotmail.com](mailto:jodisharris@hotmail.com). Thanks for your support of our Eighth Grade Class Trip!

## 2010-11 Yearbook Orders

By now, all families should have received a 2010-11 Yearbook Order Form. Our annual all-school yearbook is a wonderful way to showcase the activity and personality of our entire school community. **Yearbooks are \$30 and order forms (with payment) are due in the main office by May 27<sup>th</sup>.** Your yearbook will be available in early autumn.

## Photos Needed

Thanks to the many families who have so consistently shared pictures this year from school events and field trips! I will be using these photos over the summer to complete our school yearbook. If you still have photos to share, it's not too late! Please bring them into the main office on a DVD or flash drive – if you bring the latter, I'll save them onto my computer while you wait ... I'm very speedy! If you host photos on a share site, simply send me the link (and remember to set your slideshow to "downloadable"). Please do *not* email photos, as it shrinks the size and affects the image quality.

**Specifically, I am seeking photos of the following:**

- All Nursery & Kindergarten classes – daily work, play and/or adventures
- 2010 Lantern Walk at Meshewa
- Upper Grades Dance
- 6<sup>th</sup> Grade Play
- May Faire
- Any classroom work and/or chalkboard drawings

Thanks so much for your help and support!

*~Libby Rupp*

## Gift Bags for New Families

Each summer, the Welcome Committee delivers "gift bags" to our new families. The canvas CWS bags contain information about our school and our community, plus a few little goodies. **We are looking for items to put in the bags and you can help!** If you have a special talent (knitting, soap making, woodcarving) or a business that you would like to promote (restaurant, massage, tax prep), **please consider giving a coupon or a sample to our bags.** We need approximately 20- 25 items so that each new family gets one. You can bring your coupon or sample to the main office. Thank you!

## **Check out the Gala Photo Gallery!**

Follow the link below to see some Gala photos taken the night of our event. These photos are available for purchase (see details through the photo website) with part of the proceeds going to CWS. If you have some of your own special photos to share from the Gala, please send them on to Libby at [lrupp@cinciwaldorf.org](mailto:lrupp@cinciwaldorf.org).

## **Gala Photo Gallery**

## **Welcome!**

**Grace Whitton** has joined Ms. Kran's 2<sup>nd</sup> grade class! She and her parents, Elizabeth Whitton and Joshua Barfelz, live just over the river in Kentucky. We are thrilled to add this new family to our CWS community!

## **Sign Up for FUN!**

**You are invited to the Waldorf-Famous "Party at the Barn" on June 4th** at the Heist's place in Kentucky and co-sponsored by the Scully/Knochelmans and the Twachtmans. This \$45 per family Gala sign-up party is a family-friendly field party that starts early, goes through the night and wraps up the next day with coffee, pancakes and fresh air. It's a big day full of eating, talking and porch sitting. For the more adventurous, there are the infamous wagon rides, rope swinging, ping-ponging and hikes on the Great Googly-Moogly Trail. We supply the barn, the cabin, main course and fantastic Sangria in ice-cold mason jars. It's just down the road in the hills and forests of Kentucky - just far enough away to feel like an adventure, so grab a friend and come on down. Sign up on our [Gala auction site](#).

This and all sign-up party business takes place at our [Gala auction site](#) ... even now that the Gala is over. At the auction site, you can read all about the parties, register and pay for the parties, even see the guest lists! Be sure to use this link: <http://cws.schoolauction.net/gala2011/>, as the main office will **not** be registering or collecting for these events. Any questions? Please contact Megan Kelley at [yoyomega@fuse.net](mailto:yoyomega@fuse.net).

## **CWS Job Posting**

The Cincinnati Waldorf School is seeking a Magic Meadow school store manager beginning this summer. This position is an hourly part-time position at 20 hours per week. We value excellent skills in management, communication, and fostering healthy collegial and parent relationships, as well as an in-depth understanding of the Waldorf pedagogy.

The Magic Meadow school store manager is responsible for all the functions of a retail store including the financial activities and processes of the store, brand building exercises to uphold the image of the store, the school and Waldorf education and maintaining the reputation of the store as a quality provider of Waldorf-inspired materials.

Read more and learn how to apply [HERE](#).

## PARENT ASSOCIATION NEWS

Thank you to all of you that volunteered and made May Faire a wonderful day!

Please join us for the final PA meeting of the year **Wednesday, May 25 at 8:45 at the College Hill Coffee Shop.**

The Parent Association is looking for three new leaders for the 2011/2012 school year. The work of the PA is shared among three leaders who take on various roles including the financial responsibility for the PA funds and the PA grant process, PA representation on the CWS Board, and Faire planning. Please consider helping with this leadership if your schedule permits. Please contact Chelsea Green, Tammy Duvall or Karla Knochelmann with any nominations, yourself or others.

## MAGIC MEADOW NEWS

It's the news you've all been waiting for ... our **annual End-of-the-Year Sale!!!!** Mark your calendars for **June 6-7**, the last two days of school. Be sure to stop by for lots of discounts and a huge clearance section!

## MUSINGS ON MESHEWA

Getting right to the point...

- **The 2nd Graders are Garden Monsters!** Students and parents came out and put shovel to dirt with focus, hard work and fun. Last year's garden started by Ms. Kelley's class was expanded and enhanced with even more potatoes. Marigolds were added this year as a start to a new dyeing garden as well. They then moved into the NatureTots space and weeded, dug up a fresh garden for a "Three-Sisters" planting of corn, beans and squash, planted tomatoes and relocated some perennials. Thank you to students and parents alike for a great day and good work!
- **Summer Camps** for ages 16 months to 8 years are filling up with some already closed. If you're interested, please sign-up now. [Read all about our nature camps and how to enroll at our website!](#) And, don't forget about Turner Farm's camps for the older kids.
- If anyone needs R&R on a riding mower, we have what you need at Meshewa. Contact me if you would like to pitch in with a turn on the mower this summer.
- There will be monthly cooking classes at the Meshewa kitchen this summer. Laura Robinson, a wonderful young cooking instructor, is ramping up her "Farm To Table" series which focuses on seasonal produce from Turner Farm. We'll be posting classes on the CWS Facebook page or check out the [Turner Farm website](#).

*~Teri Heist*

*Meshewa Program Coordinator*

P.S. Head out to Turner Farm to see the new lamb and piglet arrivals. They always welcome visitors!

## RECENT ARTICLES OF INTEREST TO WALDORF FAMILIES

*Note: The CWS Faculty is currently working with the techniques detailed below, taught to us by Kim John Payne during his recent visit. Read and see how you, too, can use this social inclusion approach at home.*

### **What To Do When Your Child Behaves Inappropriately**

Sometimes you just wish you had a simple technique as an option when your child, tween, or teen is doing something you do not approve of. If you're a fan of Kim Payne then you may know that he works with schools using the [Social Inclusion approach](#).

The Social Inclusion Approach teaches a "justice without blame" method to conflict resolution. It can easily be adapted for parents at home with their children.

This approach, developed and refined over 25 years, supports the parent, drawing on their deep connection with their child. Without blaming and stigmatizing the child who has made a mistake or done something harmful, it brings the child face to face with the implications of their actions.

Here's the approach Kim suggests parents use and adapt with children ages 8 and older...

#### **Disapprove – Affirm – Discover – Do-Over**

##### **First...DISAPPROVE**

Begin by expressing clear disapproval for the action, "It is hurtful to behave as you did." "We don't speak that way in our family." Speak with quiet directness. Mean it.

##### **And...AFFIRM**

We know that we are supposed to separate a child's actions from his/her whole being but it's not always easy. To achieve this, disapproval needs to be followed up right away by an affirmation..."You hardly ever speak like that." "So often you say helpful things."

##### **Then...DISCOVER**

Then the adult discovers what the subtle issues are, "What' up?" "Something must be bothering you." This question must come at the right time to get an honest response.

##### **Finally...DO-OVER**

When the issue is clarified the adult can help the child to do it over. "Let's work out a way to say what you need to say without being hurtful/without hitting." "You'll need to make up for the words you used but then you can say what is bothering you."

In this way we honor everyone's needs while acknowledging our responsibilities toward others.

Read more suggestions from Kim John Payne at his [Simplicity Parenting website](#).

## **PARENT-TO-PARENT**

[Information, activities and meetings that are not specifically CWS-related, but may be of interest to other families. Submissions must be approved by the Admin Team before publication.]

### **Summerfair Art Festival**

I am excited to be participating in [Summerfair](#), the annual art festival that takes place at Coney Island on June 3-5. There will be over 300 artists from all over the country with a wide variety of quality work. I will have my needle felted pieces there, including many new items that have not been seen in the Magic Meadow, and I'd love for you to stop by my booth and say hello! Hope to see you then. ~Sarah Miller

### **Childcare Needed**

Hi! I am looking for childcare for my sons, ages 2 and 4 fulltime Monday - Friday from 8:15-5:15 beginning asap. My oldest is in nursery class on Thursdays and Fridays. If interested, email me at [jlprussia@hotmail.com](mailto:jlprussia@hotmail.com) or call [513-502-6402](tel:513-502-6402) to discuss further. Thanks! ~Jess Prussia

### **Japanese Youth Needing Host Families this Summer!**

The Ohio 4-H international program is currently looking for 40 Ohio families to enjoy a wonderful adventure this summer. Hosting a Japanese youth for a few weeks is the ultimate in "Learning by Doing." It's a low-cost way for the whole family to participate and grow together, gaining the benefits of international travel right here at home! The home stay is only 3 ½ weeks: July 23 – August 18. Host families must have their own child of the same gender & approximate age as the exchangee. All youth MUST be placed by May 25! If your family is too young, please help spread the word. If you want to learn more email me at [consuelokong@yahoo.com](mailto:consuelokong@yahoo.com) or check out [www.ohio4h.org/youth/international](http://www.ohio4h.org/youth/international). ~Margarita Kong

### **Summer Fun and Tutoring with Ms. Lori Kran**

Schoolwork is enjoyable, challenging, stimulating and FUN when brought using **Waldorf methods**. Please join Ms. Lori Kran for group or individual sessions taught at her home in Clifton. Call/email to reserve space now: 861-2968, <mailto:lorikran@gmail.com>

#### ***Small group classes:***

- 1) JUNE 13-17, 10:00-12:00: Language Arts: grades 5,6,7,8. \$100 per week. Contingent of minimum enrollment of 5 students, maximum 10.**

Strengthen reading, writing, and illustration skills. Students will read and hear stories, write five paragraph essays and draw illustrations. Skills: writing excellent essays (includes paragraph development, word/vocabulary choice, active versus passive voice, etc.) drawing technique using color pencils.

- 2) JUNE 13-17, 1:00-3:00, Language Arts: grades 2,3,4. \$100 per week. Contingent on minimum enrollment of 5 students, maximum 10.**

Strengthen writing and illustration skills. Students will hear stories, write paragraphs and draw illustrations. Skills: listening, comprehension, sequencing, writing, spelling, grammar, the “art” of writing an excellent paragraph, drawing technique with beeswax crayons, the art of retelling a story through illustration.

***Individual Tutoring:***

I am available for individual tutoring in **math, reading, and writing**. Please note that I use **Waldorf methods** to hone your child’s skills. Early grades math will include manipulatives and movement and reading and writing will be grade/age appropriate.

**Usui Reiki Classes**

Please contact Maria Kammerer with questions or to schedule a Reiki session at 513-378-7970 or [m2kammerer@yahoo.com](mailto:m2kammerer@yahoo.com).

Reiki is a Japanese holistic healing technique that enhances relaxation and helps bring balance to the physical, mental, emotional, and spiritual being. Reiki classes are a great opportunity to learn and receive a day of relaxation and well-being. In addition it is an incredible opportunity for self transformation and growth. After the class you will have the ability to give an unlimited amount of Reiki to yourself and others! Reiki manuals are also included with the classes.

**Reiki Level One** prepares the participant to become a Reiki channel. During class we discuss the history of Reiki, the Reiki principles, and receive a Reiki Level One Attunement. We will also demonstrate and practice giving self-Reiki and Reiki to others. There will be lots of time for hands on practice.

**Reiki Level One Class Date: July 16th**

Time: 9:00am-6:30pm

Place: The Library at Cincinnati Waldorf School

cost: \$200

**Reiki Level Two** is a continuation of the Reiki journey. In Level Two you will increase your Reiki energy. You will learn how to apply Reiki to heal unwanted habits, emotional/mental balance and Distant Healing. During class we will be practicing Reiki, meditating, and talking about the energy system. You will receive a Reiki Level Two Attunement.

**Reiki Level Two Class Dates: July 17th**

Prerequisite: Reiki Level One

Time: 9:00am-6:30pm

Place: The Library at Cincinnati Waldorf School

cost: \$200

**Need Summer Childcare?**

Hannah Hingl, (sister of Charles Hingl, CWS 7th grader) 21-year-old UC student with extensive experience in childcare, is available for part-time or full-time child care for the summer. Can provide transportation and references. Contact by email at [hhingl@yahoo.com](mailto:hhingl@yahoo.com) or by phone at (513) 367-1227.

## **Waldorf-Inspired Summer Camps**

**[Ms. Sparough's Knitting Camp – June 13-17](#)**

**[Ms. Chris & Ms. Carmy's Homeadow Song Farm Camp – June 13-24](#)**

## **Back Acres Farms Deliveries**

Jim and Patty Schwartz continue to deliver delicious, healthful, locally grown fare to CWS each Wednesday at dismissal. Receive a weekly item and price list in advance and place your orders by contacting Debbie Moll at [debbie.moll@gmail.com](mailto:debbie.moll@gmail.com).

**Next *Inreach* submission deadline:  
Tuesday, May 31, 9:00 a.m.**